

Preoperative Clinic

Phone: 02-677-9580/9449 Fax: 02-677-9578

Office Hours: Sunday–Thursday, 8:00am-3:00pm

Patient Information

Dearest Patient,

In this informative pamphlet you'll find vital information regarding your upcoming surgery – from admission to discharge. We hope the information will give you a greater understanding of the entire process. As always – we are more than happy to answer any questions or concerns you might have.

Wishing you a full and speedy recovery

Hadassah's Preoperative Clinic Staff

Department Locations and contact information

Department	Location	Phone Numbers
Outpatient Surgery	Old Hospital Tower, 2 nd Floor	02-677-7194/7231
Surgery A and Vascular Surgery	Davidson Tower, 6 th Floor	02-677-6410
Surgery B	Davidson Tower, 6 th Floor	02-677-6118/6460
Urology – Orthopedics B	Davidson Tower, 5 th Floor	02-677-6162/6440
Orthopedics A	Davidson Tower, 5 th Floor	02-677-6187/7526
OBGYN	Davidson Tower, 7 th Floor	02-677-6446
Plastic, Oral & Maxillofacial, ENT	Davidson Tower, 7 th Floor	02-677-6616/6476
Neurosurgery and Cardiothoracic Surgery	Davidson Tower, 9 th Floor	02-6765117, 02-6777088
Neurosurgical and Cardiothoracic	Davidson Tower, 2 nd Floor	02-677-7090/89
Ophthalmology	Old Hospital Tower, 4 th Floor	02-677-6475
Private Medical Services (<i>Sharap</i>)	Old Hospital Tower, 1 st Floor	02-677-8899



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Day of Hospitalization

Admission: In the event that you have not yet finalized the admission process, you must register the morning of admission at the patient reception or the private medical service offices (for private procedures). Afterwards – you will be directed to the appropriate surgical ward.

Patient reception is open every day, from 7:00am – 6:00pm. During after hours, please report to the patient reception office in the emergency room.

Don't forget to bring:

- ID Card
- Prescribed medication taken regularly, along with its original packaging and your Health Care Provider card (to assure the medical team is fully aware of medications you take regularly)
- Personal items, including: slippers, toothbrush, toiletries
- Avoid bringing valuables. Hadassah does not take responsibility for lost or stolen valuables and/or money.
- Written list of any questions or concerns regarding the operation – to assure their proper attention during admission to the surgical ward



Important Information!

- **Blood Thinners** (Plavix, Aspirin, Cartia, Micropirin) should not be taken within 10 days of the surgery only as directed by your physician
- **Blood Thinners** (Coumadin, Sintrom) – your physician should be consulted as to discontinuing the medication upon referral for surgery. **Do not stop taking the medication without specific instruction from your physician.** Generally – 10 days of preoperative preparation is needed.
- Patients suffering from a heart valve abnormality should inform the medical team, to further assess the potential need of appropriate antibiotics in preparation for surgery
- **Allergies must be reported to the medical team!**
- **Any decline in health before the procedure, including fever, coughing, cold symptoms, or any other feeling should be reported to the medical team ASAP**



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Preparation at Home

Bathing

Skin is a common “home” for natural bacteria, which could potentially infect the surgical incision. As such, proper bathing of the body before surgery can significantly decrease the amount of bacteria found on the body and the risk of infection.

Instructions:

1. Shower the night before the surgery, assuring hair is properly cleaned. Repeat the following morning as well, if possible.
2. Shower should be done a constant water flow, and with proper soap.
3. Make sure to properly scrub and clean in bacteria-filled areas, including under the armpits, breasts, belly-button, genitalia, groin, and buttocks.

Bathing Process

1. Lather hair with shampoo
2. Lather upper body with soap, focusing on armpits and under breasts.
3. Lather lower body with soap, focusing on belly button, genitalia, and buttocks.
4. Wash body
5. Repeat steps 1-4
6. Dry off with clean towel. Dress in clean clothing.
7. Avoid using hand/body cream after showering



Important!
Patients are not to remove hair in the area of the procedure!
Hair removal will be done by the medical staff in the medical department
and/or in the operating room

Fasting Guidelines before Surgery

- 8 hours prior to surgery – Heavy foods (fried foods, meat, fish, eggs, or cheese) should not be eaten
- 6 hours prior to surgery All other foods should not be eaten within 6 hours of surgery
Drinking clear liquids is permissible (water, tea, clear non-carbonated apple juice)
- 3 hours prior to surgery – All foods and liquids should not be eaten at all

Failure to abide by the fasting guidelines can result in postponement or cancellation
of the surgery



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Medication

Should be taken as directed by your physician

Hospital Admission

Upon admission to the department, you will be greeted by an attending nurse who will give you a short tour of the department

Morning of surgery:

- Remove all jewelry, clothing (excluding hospital gown), contact lenses, make-up, nail polish, and blush.
- Remove all piercings. Any unremoved piercings will be removed in the operating room.
- Remove all hearing aids, glasses, and dentures. The patient or his/her family is responsible for the safe-keeping of these items. The department can provide a proper container for denture storage.

These guidelines are to help prevent loss of these items. Therefore, they **should not** be stored under your pillow, in your pocket, or other insecure locations.

- Wear hospital gown
- Official ID confirmation by a nurse

A medical staff member will bring you down to the operating room. Your family can accompany you as well to the OR reception, where an OR nurse will carry out final steps before the operation, including confirmation of ID and correct medical records.

Your accompanying family members will receive a code to follow the progress of your operation. As well, they can receive an SMS with an update of the completion of the operation and arrival in recovery. At that point, they will be able to receive an update from the surgeon while waiting in the waiting room adjacent to the recovery room

**Happy to assist with any further questions or concerns
Hadassah's Preoperative Clinic Staff**



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