



Hadassah Medical Organization  
 Hadassah University Hospital  
 Department of Pediatric Gastroenterology

**Patient Guidelines for Elective Admission for the Performance of Endoscopy with General Anesthesia for Evaluation of Esophageal Varices**

The child will be admitted to the in-patient department the day before the procedure.

**Preadmission requirements**

- ✓ Insertion of peripheral IV
- ✓ Complete Blood Count (CBC)
- ✓ Blood Coagulation Studies
- ✓ Biochemistry
- ✓ Blood Type and Cross Match
- ✓ 2 Units of type/cross matched blood ordered on standby for the child
- ✓ Anesthesiology Consult

**Parameters of Fasting the Day of the Procedure**

| <b>Food Type</b>  | <b>Minimal Fasting Time</b>     |
|---|---------------------------------|
| Clear fluids (water, tea with sugar, apple juice, clear fruit juice from concentrate) | Up till 2 hours before sedation |
| Breast Milk, Infant Formula <u>only</u>   | Up till 4 hours                 |
| Light meal (hot grain cereal, milk, bread, cheese, gum)                               | Up till 6 hours                 |
| Regular Meal (all other foodstuffs)   | Up till 8 hours                 |

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**Presence of Parent/Legal Guardian is mandatory**

**(Legal Guardian must present valid documentation of custodial status)**

Any questions can be answered by the staff of the pediatric gastroenterology unit.

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